

Thank you for volunteering with Twin Cities Youth Rowing Club!

Please follow these steps to complete the USRowing Safe Sport Training:

1. Complete a membership application to receive your member number from USRowing:

<http://www.usrowing.org/join/Waiveronly.aspx>

US Rowing Basic Membership

2. Read the info as to WHY this training is required:

<http://www.usrowing.org/Safety/SafeSport.aspx>

Information about Safe Sport

3. Complete the Safe Sport Training:

<http://training.teamusa.org/store/details/1>

Safe Sport Training

Once you complete the training, please print out your certificate of completion and submit to the club or attach the .pdf document to an email and submit it to the appropriate board member for your volunteer position.